



PE

Long term plan



P.E. Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS/KS1	Basic moves (co-ordination and agility) Ball Skills	Ball Skills: Gymnastics	Quicksticks Dance	Tag Rugby Football	Tennis Tri-golf	Athletics
KS2	Netball Football	Tag Rugby Fitness	Gymnastics Dance	Cricket Orienteering	Swimming Basketball	Athletics Rounders